

## BUKTI KORESPONDENSI JURNAL

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Edisi terbit : Vol 12, No 1, Tahun 2022

### TAHAP SUBMIT

The screenshot displays the author's dashboard for the journal submission system. The main content area shows a table of articles with the following data:

ID	Date	Type	Author	Title	Citations	Status
4962	07-30	ART	RUFAINDAH	PENGARUH KONSELING MENOPAUSE OLEH BIDAN KONSELOR TERHADAP...	—	Archived
8275	02-03	ART	Rufaindah, Judistiani, Rizal, Madjid, ...	THE EFFECT OF MENOPAUSE COUNSELING BY COUNSELOR MIDWIVES...	186	Vol 12, No 1 (2022): April 2022
7810	10-22	ART	RUFAINDAH	THE EFFECT OF MENOPAUSE COUNSELING BY COUNSELOR MIDWIVES...	—	Archived
4650	06-20	ART	RUFAINDAH	THE INFLUENCE OF MENOPAUSE COUNSELING BY MIDWIVES AGAINST...	—	Archived

Below the table, there is a section titled "Start a New Submission" with a link to begin the process. A "Refbacks" section is also visible with filters for ALL, NEW, PUBLISHED, and IGNORED.

On the right side, there is a sidebar with a user profile for "erwin-rufaindah" and a notification for 16 new items.

The browser's taskbar at the bottom shows several open documents and the system tray with a temperature of 23°C and the date 28/07/2023.

# TAHAP PEER REVIEW DAN DECISION

<input type="checkbox"/>	Date	URL	Title	Status	Actions
<input type="checkbox"/>	2022-04-14	https://www.google.com/	The Effect of Menopause Counseling by Counselor Midwives on Attitude and Reduction of Menopause Symptoms in Menopausal Mothers	New	EDIT   DELETE
<input type="checkbox"/>	2022-04-29	https://scholar.google.com/	The Effect of Menopause Counseling by Counselor Midwives on Attitude and Reduction of Menopause Symptoms in Menopausal Mothers	New	EDIT   DELETE

<input type="checkbox"/>	Date	URL	Title	Status	Actions
<input type="checkbox"/>	2022-08-09	https://scholar.google.co.id/	The Effect of Menopause Counseling by Counselor Midwives on Attitude and Reduction of Menopause Symptoms in Menopausal Mothers	New	EDIT   DELETE
<input type="checkbox"/>	2022-08-15	https://siat.unpad.ac.id/	The Effect of Menopause Counseling by Counselor Midwives on Attitude and Reduction of Menopause Symptoms in Menopausal Mothers	New	EDIT   DELETE

Browser tabs: (2) WhatsApp, Kotak Masuk (200) - kebidan..., jurnal kebidanan jkb polteki..., Archive, sinta2.ristekdikti.go.id

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Navigation: Gmail, YouTube, Maps, WhatsApp, SINTA - Science an..., Dashboard, SISTER | Beranda, SISTEM INFORMASI..., Download this PDF..., Active Submissions, Active Submissions

<input type="checkbox"/>	2022-08-15	3	<a href="https://ejournal.poltekkes-smg.ac.id/">https://ejournal.poltekkes-smg.ac.id/</a>	The Effect of Menopause Counseling by Counselor Midwives on Attitude and Reduction of Menopause Symptoms in Menopausal Mothers	—	New	EDIT   DELETE
<input type="checkbox"/>	2022-09-05	8	<a href="https://www.google.co.id/">https://www.google.co.id/</a>	Application of "Stunting Prevention" Android-Based Applications to Mother Knowledge and Nutritional Status of Toddlers Ages 0-36 Months	—	New	EDIT   DELETE

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System tray: Jalan Majapahit Closed road, Search, 10:26 28/07/2023

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<input type="checkbox"/>	06-20			of Menopause Counseling by Counselor Midwives on Attitude and Reduction of Menopause Symptoms in Menopausal Mothers	—	New	EDIT   DELETE
<input type="checkbox"/>	2023-06-21	1	<a href="https://www.researchgate.net/">https://www.researchgate.net/</a>	The Effect of Menopause Counseling by Counselor Midwives on Attitude and Reduction of Menopause Symptoms in Menopausal Mothers	—	New	EDIT   DELETE

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**ABSTRACT**

Higher life expectancy affects to the raise of number of longer life for women in menopause period. Eighty percent (80%) of women complaint about uncomfortable condition before menopause, such as headache, sexual problem, tachycardia, hot flushes and insomnia, that are significantly decrease the quality of life. Empowerment during menopause period may contribute to the improvement of perception about this phase and importance of self care. During counseling, counselor should build positive perception of menopause women in order to enhance their understanding to accept this phase, increase their adaptation towards menopausal symptoms, and finally improve their life quality. Objective of the research is to analyze how much the effect of menopause counseling from counselor midwife towards the attitude of menopause women and reduction of the symptoms. The study is quasi experiment with pre and post design. The samples were 40 respondents that were divided into two groups; 20 respondents were in intervention group who were given counseling from counselor midwife and 20 respondents were in control group that were given counseling from non counselor midwife. In each group counseling was given twice at intervals of 2 weeks, long counseling per client requirements. Measurement posttest mother's attitude menopause and the symptoms of menopause mother performed 4 weeks after the pretest. The instruments employed were MAMES (Multi-dimensional Attitudes Menopause Scale) questionnaire for measuring the attitude of menopause women and MRS (Menopause Rating Scale) questionnaire for measuring the symptoms experienced by menopause women. Non parametric and RR value were performed for statistical test. The result of study indicated that the attitude, the mother menopause

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**Hasil dan Pembahasan**

**Tabel 1. Perubahan skor sikap ibu menopause sebelum dan sesudah intervensi pada kedua kelompok.**

Skor sikap (skala 100)	Kelompok		Nilai p*
	Intervensi (n=20)	Kontrol (n=20)	
1. Sikap sebelum intervensi			0,738
Median	49,0	48,5	
Rentang	41,4-81,8	42,4-88,9	
2. Sikap setelah intervensi			0,002
Median	72,7	49,0	
Rentang	49,5-96,0	46,5-93,0	
Perbandingan sebelum dan setelah intervensi**	p < 0,001	p = 0,001	
% kenaikan skor sikap (median)	32,0	3,87	< 0,001

Keterangan : \*Uji Mann-Whitney; \*\*Uji Wilcoxon

**Tabel 2. Perubahan skor gejala ibu menopause sebelum dan sesudah intervensi pada kedua kelompok.**

Skor gejala (skala 100)	Kelompok		Nilai p*
	Intervensi (n=20)	Kontrol (n=20)	
1. Gejala sebelum intervensi			0,430
Rerata (SD)	22,6 (8,2)	24,6 (8,05)	
Rentang	6,82-38,64	6,82-38,64	
2. Gejala setelah intervensi			<0,001
Rerata (SD)	12,0 (6,46)	24,0 (8,55)	
Rentang	2,27-22,73	4,55-38,64	

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# TAHAP ACCEPTTEP

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Letter of Acceptance  
(LoA)  
Ervin Rufaindah  
Email: ervinrufaindah@yahoo.com

Congratulations,  
We are pleased to inform you that your manuscript with title "The Effect of Menopause Counseling by Counselor Midwives on Attitude and Reduction of Menopausal Symptoms in Menopausal Mothers in Sorang District, Bandung Regency" based on reviewer comments has been accepted by our journal - Jurnal Kebidanan for publication in the current issue (Volume 12 No. 01- April 2022).  
Complete all formalities as soon as possible and if you have any query regarding publication and journal, please contact us.

Date: 06/April/2022  
Best Regenda  
Editor In Chief

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# TAHAP PUBLISH

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**The Effect of Menopause Counseling by Counselor Midwives on Attitude and Reduction of Menopausal Mothers**

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**ABSTRACT**

Eighty percent (80%) of women complain headaches, vaginal problem, tachycardia, hot flushes and

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