

BUKTI KORESPONDENSI JURNAL

Nama Jurnal : Jurnal Kesehatan Institut Kesehatan Prima Nusantara
Url Web Jurnal : <http://ejournal.stikesprimanusantara.ac.id/index.php/JKPN/article/view/781>
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Edisi Terbit : Volume 14 No. 2 (2023)

TAHAP SUBMIT

Submission	
Authors	Nicky Danur Jayanti
Title	The Effectiveness of Five-Finger Hypnotics on the Exponential Development of the First Stage of Labor in Primigravida
Original file	781-2714-1-SM.DOC 2022-09-08
Supp. files	None
Submitter	Nicky Danur Jayanti
Date submitted	September 8, 2022 - 08:35 AM
Section	Artikel
Editor	Debby Kustanto
Abstract Views	0

TAHAP REVISI ARTIKEL & TURNITIN

The screenshot shows a PDF viewer interface displaying a journal article. The article is titled "EFISIENSI HIPNOTIS 5 JARI TERHADAP PERCEPATAN PERSALINAN KALI I PADA PRIMIGRAVIDA" by Nicky Danur Jayanti. The journal is "Jurnal Kesehatan" from IKESPMB. The abstract discusses the effectiveness of five-finger hypnotics on the exponential development of the first stage of labor in primigravida. The article includes an abstract, keywords, and contact information for the author.

Microsoft Word interface showing a document titled 'H5J FIX (Compatibility Mode) - Word'. The document content includes the journal header 'Jurnal Kesehatan IKESPPMB' and the title 'EKSISIENS HEPNOTIS 5 JARI TERHADAP PERCEPATAN PERSALINAN KALA I PADA PRIMIGRAVIDA'. The author is 'Nisly Damar Agesti'. The abstract discusses the effectiveness of hypnosis in accelerating the first stage of labor in primigravida women.

Microsoft Word interface showing a document titled 'H5J FIX (Compatibility Mode) - Word'. The document content includes a table titled 'Tabel 1 Efisiensi Metode Hipnotis 5 Jari Terhadap Percepatan Persalinan Kala I Pada Primigravida'. The table shows data for 'Lama Persalinan' (Labor Duration) with columns for 'Kategori', 'Jumlah', and 'Persentase (%)'. The data indicates that 100% of subjects (n=30) completed labor within 15 hours.

Kategori	Jumlah	Persentase (%)
Lama Persalinan	15	100

TAHAP ACCEPTED SUBMISSION

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Jln. Yosuda Shakti No 99 Kelurahan Gula Baruah Kecamatan Mandiangin Kota Selayan
Kota Bukittinggi, Sumatera Barat, 26122, Indonesia. Telp (0752) 6218242
Website : <http://ojs.uapn.ac.id/index.php/jkpn>

Letter of Acceptance
No: 012/UPN/KEET/3.NA/17/2023

The editors of Jurnal Kesehatan Publisher Research and Community Service (LPJM) Universitas Prima Nusantara Bukittinggi, now tell you that the following articles have been accepted for publication:

Title : *The Effectiveness of Five-Finger Hypnotics on the Exponential Development of the First Stage of Labor in Primigravids*
Author 1 & Corresponding : Nicky Danur Jayanti – STIKes Widyagama Husada
E-mail Corresponding Author : nicky_daanty@widvagamahusada.ac.id
Submitted : September, 09, 2022
Review Process : October, 20, 2022
Accepted : May, 15, 2023
Publish on-line : May, 30, 2023

The article has undergone Editorial Review, Reviewer Assessment, Copy Editing, Layout, Proofreading, and Similarity Check, and has been deemed to fulfill the requirements of the Jurnal Kesehatan and will be published in Volume 14 Number 2, 2023. This certificate is therefore submitted for use as appropriate.

Bukittinggi, May 19, 2023
Editor in Chief

Debby Rattio Kustanto, SKM, MS-PP

SUMMARY

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#781 Summary

SUMMARY REVIEW EDITING

Submission

Authors	Nicky Danur Jayanti
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Authors

Name	Nicky Danur Jayanti
Affiliation	—
Country	Indonesia
Bio Statement	—
Principal contact for editorial correspondence.	—

E-ISSN
P-ISSN

ADDITIONAL MENU

- BEER-REVIEWERS
- FOCUS AND SCOPE
- AUTHOR GUIDELINES
- PUBLICATION ETHICS
- ONLINE SUBMISSION
- COPYRIGHT TRANSFER FORM

Article Template
Mulai Terbitan Volume 10
Nomor 1 Tahun 2019
Menggunakan Template
Terbaru

PUBLISH

The screenshot shows a web browser window with multiple tabs. The active tab is titled 'The Effectiveness...' and the address bar shows the URL 'ejournal.stikesprimanusantara.ac.id/index.php/JKPN/article/view/781'. The page content is from 'Jurnal Kesehatan' and features an article titled 'The Effectiveness of Five-Finger Hypnotics on the Exponential Development of the First Stage of Labor in Primigravids' by Nicky Danur Jayanti. The article includes an abstract, background, methods, results, and conclusion. A sidebar on the right contains navigation links such as 'E-ISSN', 'P-ISSN', and 'ADDITIONAL MENU'. The Windows taskbar at the bottom shows the date as 28/07/2023 and the time as 10:29.

Jurnal Kesehatan

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The Effectiveness of Five-Finger Hypnotics on the Exponential Development of the First Stage of Labor in Primigravids

Nicky Danur Jayanti

Abstract

Background of the Problem: Childbirth is often something scary, especially for a woman who is pregnant for the first time (primigravida) and is about to give birth (primipara). There are several methods for physical and psychological readiness for pregnant women who will undergo labor, one of which is hypnosis. Hypnosis has been legally recognized by WHO as an alternative therapy. 5 finger hypnosis is able to provide deep relaxation, both physically, breath and mind so that in this state of deep relaxation it can activate the subconscious mind which will facilitate the creation of a relaxed atmosphere, stable, comfortable and happy emotions so that childbirth goes quickly.

Objective: This study was conducted to determine the efficiency of 5 finger hypnosis on the acceleration of the first stage of labor in primigravida.

Methods: The research design used a quasi-experimental design, namely using a post-test only design. The sample was 15 primigravida mothers with low risk pregnancies, the sampling technique used was purposive sampling. Bivariate data analysis, with testing using the Independent sample t-test statistical test.

Results: The results of the analysis of the T-Test test with a value of $\text{Sig} = 0.000 < 0.05$, this proves that there is an efficiency of the 5 finger hypnosis method on the acceleration of the first stage of labor in primigravida. 5 Finger Hypnosis works by influencing the hormone endorphins or referred to as the hormone of happiness. When the body feels relaxed and comfortable, the brain will secrete endorphins which will cause an analgesic effect so delivery is faster.

Conclusion: 5 Finger Hypnosis in maternity mothers can help speed up labor by activating endorphins which are pain-relieving hormones, so this method is effective in eliminating all complaints and feelings of discomfort.

Keywords

Primigravida

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Article Template

Mulai Terbitan Volume 10
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Transferring data from www.google-analytics.com... | I; Primigravida

Type here to search

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